

# MAXGRIND® Lite PILL CRUSHER & GRINDER INSTRUCTIONS FOR USE

Determine if you will be crushing directly into the bottom clear cup or if you wish to crush into a disposable 30 mL plastic med cup.



**1.** If you're crushing into the bottom clear cup move to step 2. If you crush into a disposable 30 mL plastic med cup, remove the bottom clear cup and insert a disposable plastic med cup. Snap the bottom clear cup back on with a slight turn and push.



**2.** To access the crusher well, remove the top of MAXGRIND Lite by turning counterclockwise.



**3.** Place pill (s) into the crusher well. Replace the top by turning clockwise and continuing to twist until the top tightens.

Note: Multiple tablets can be crushed at one time. Ease of crushing, time, and results can vary depending on the quantity, hardness, size and crushing technique.

**FOR SINGLE  
PATIENT USE ONLY**



**4.** After you feel the top tighten, you're ready to crush. Twist clockwise until you feel the initial crush/breaking of pills.



**5.** After the initial crush, turn a slight twist counterclockwise into free spin mode where grinding will start. Now with slight pressure on the top you can freely twist the crusher back and forth like a pepper grinder. This can be done with very little effort and gripping required.



**6.** As you're twisting back and forth to grind, you will be able to easily view powder sifting and funneling into the bottom clear cup. For this reason, you do not need to remove the top to check progress. You have the ability to try different twist techniques and grips as well as length of grinding for best results.

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Pill Crusher & Grinder

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7. When crushing is completed you will notice a change in the crusher tone, alerting you that grinding is complete and your medication is ready. For best results, continue to free spin in an upright position to circulate air inside the crusher to sift any remaining powder.



8. Remove the bottom clear cup.



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9. Once the bottom clear cup is removed you have the option of using it as a mixing container for preparing crushed medications and diluent to be drawn into an enteral feeding syringe.



If you crushed into a 30 mL disposable plastic med cup remove it from the bottom cup. You can easily pour contents into another container or into food.

**Cleaning:** Rinse with water and let dry before initial use. After each use repeat as needed to remove any pill residue from crusher.

**Note:** Enteric-coated tablets are intended to be swallowed whole and should never be crushed before taking. Consult your physician or pharmacist before crushing medications.

**Caution:** Keep out of reach of children.

**MAXGRIND Lite should be kept in an upright position when crushing.**

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